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FACT SHEET

Introducing: Hooked on Sport Podcast

[Hooked on Sport](#) is a new podcast with South Australian sports columnist [Ben Hook](#), created in response to life without our great sports clubs and communities.

The podcast aims to give sporting clubs and their members an opportunity to stay connected with each other. It's a way of giving a sense of purpose and belonging at a time when we can't go about our normal sporting club activities.

Hooked on Sport is a collaboration with [Sport SA](#) and [Breakthrough Mental Health Research Foundation](#).

Sport SA CEO Leah Cassidy said the podcast was developed to create a virtual space to collaborate during unprecedented times.

"Sport plays a powerful role in people's lives," Ms Cassidy said. "The podcast will create a sense of partnership and community for our industry and allow us to come together to share this journey."

Breakthrough Executive Director John Mannion said there had never been a greater time to help people remain connected.

"The need to support mental health conversations has never been as strong as it is now," Mr Mannion said. "The Hooked on Sport podcast provides a virtual sporting club, a sense of purpose and ultimately belonging."

Listeners can contribute to each episode:

- Share your favourite moments and memories from your sporting club
- Tell us who you'd like us to interview - an international sports person or an unsung sporting hero
- Tell us how your club is staying connected

Ideas can be shared via the podcast [Facebook](#) page or by emailing hookedonsportpodcast@gmail.com

The latest episode features sports journalist Tom Rehn (Channel 9, 5AA) and Reece Homfray (The Advertiser), discussing how they're dealing with the COVID-19 situation, and having no live sport to report on.

Available on [Apple Podcasts](#), [Spotify](#) and your other favourite listening services.

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